

LEVEL UP, this Summer with your Competitive Training!





COMPETITIVE SUMMER TRAINING PROGRAMS



THE LIVING ROOM



Find your FOCUS and plan your Summer Training

Private Lessons

One on one training in a certain discipline. Ready to hone in on your potential?

4-Lesson Cost (30 mins) | \$200+HST

Focus Groups

Specialized classes that are set to improve technique through flexibility, strength, jumps & turns. Exclusive to your age and level!

2-Lesson Cost (1hr each) | \$90+HST | July and August

On the Mat Mondays

We meet you on the mat to refine your skills. Got a goal in mind, get in here and let's achieve it!

2-Lesson Cost (1.5 hrs each) | \$135+HST | July and August

All In Training

Tuesday Ballet and Thursday Technique class, along with any pop-up class that takes place during the Summer! 10-Class Card | \$290+HST



Find your FOCUS and plan your Summer Training



This bootcamp specializes in Ballet and Technique training for our <u>NEW</u> Company dancers Age 10 & under.

5-Week Program (2 hrs) | \$260+HST

The Performance Lab

This 2-hour class focuses on technique, style and so much more! Geared to dancers Ages 11+.

5-Week Program (2 hrs) \$260+HST

The Living Room

Join us on the dance floor for the most anticipated 3 days of the Summer!

August 19. 20 & 21 | \$350+HST



PRIVATE LESSON PACKAGES

with our online system!

LESSON PACKAGES 4 Lessons (30 minutes) | \$200+HST **BALLET TECHNIQUE** ACRO **TAP** One-on-one training in a certain discipline. Ready to hone in on your potential? Book your package today and create your Summer schedule



FOCUS GROUP 2-LESSON PACKAGES

GROUPS

LESSON PACKAGES

2 Lessons (60 minutes) | \$90+HST

BALLET TECHNIQUE

Specialized classes that have been set to improve technique through flexibility, strength, jumps & turns. Exclusive to your age and level!

July and August Sessions Available



ON THE MAT MONDAYS

A

C

R

Meet us

the Mat!

LESSON PACKAGES
2 Lessons (1.5 hrs) | \$135+HST

This Summer kick off your week with our Monday Night Acro!

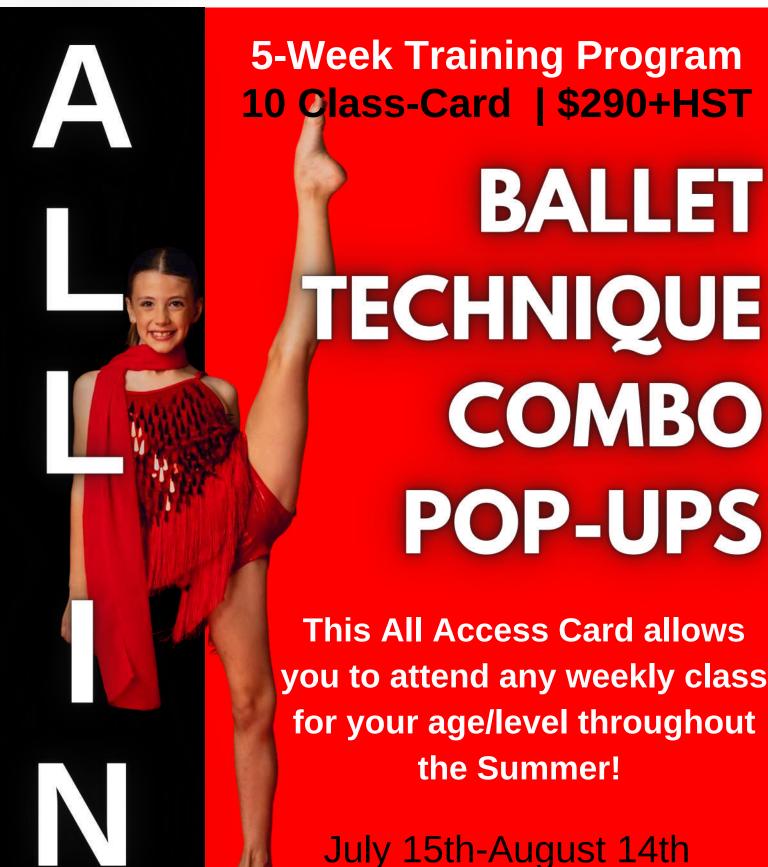


Ready to invest in your
Flexibility?
Focus on the Art of an Aerial?
Or FLIP over new skills?

July and August Sessions Available



ALL IN TRAINING TUESDAY AND THURSDAY





NEW 2 CREW BOOT CAMP

WEDNESDAY NIGHTS

5-Weeks (2 hrs) | \$240+HST

BALLET TECHNIQUE

This boot camp specializes in Ballet and Technique training for <u>NEW</u>
Company dancers Ages 10 & under.

Each week we will focus on getting our dancers ready for the Fall!

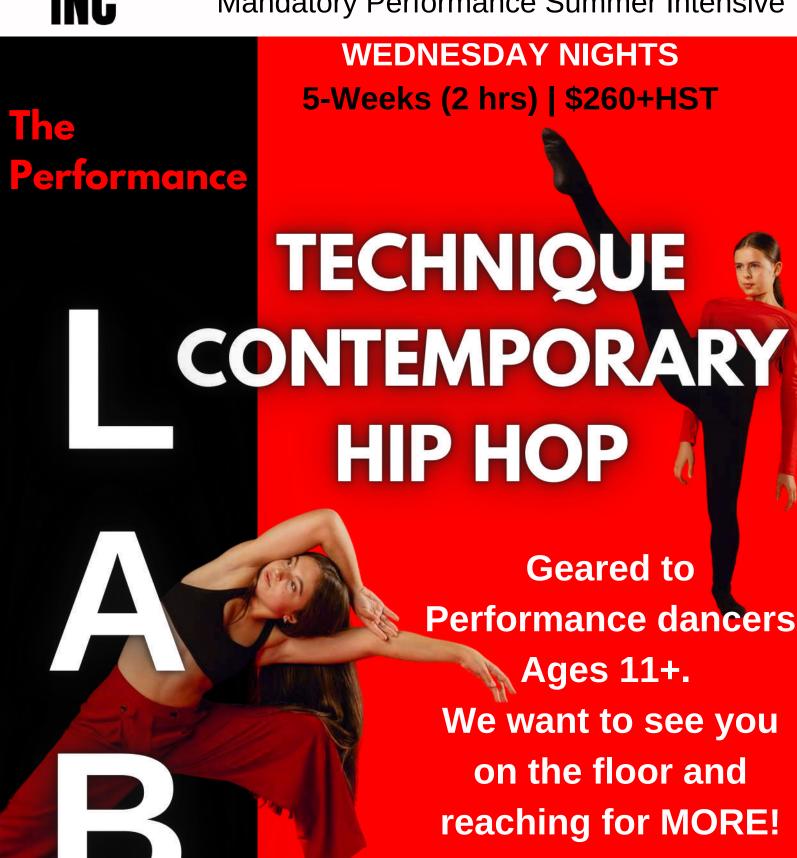
July 16th-August 13th



THE PERFORMANCE LAB

Mandatory Performance Summer Intensive

July 16th-August 13th



DANCE INC

THE LIVING ROOM

Mandatory Full-Time Summer Intensive

The most anticipated dance floor of the Summer!

Don't miss your chance to dance and be inspired by the industry's most sought after choreographers.

LIMIG ROMA

AUGUST 19, 20 & 21